



Intercept

LASTING. POSITIVE. IMPACT.

Rates FY19

Questions? Please contact:

Gail Giese

Community Liaison Supervisor & Contract Manager

Cell: (804) 690-5537

Email: ggiese@interceptyouth.com

5511 Staples Mill Road, Suite 102

Richmond, VA 23228

www.interceptyouth.com

Intercept Youth Services, Inc.
Community Home Per Diem Rate Schedules
July 1, 2018 – June 30, 2019

Group Homes for Boys:

<i>Anthem House</i>	<i>Newport House</i>
<i>Carriage House</i>	<i>Shenandoah House</i>
<i>Frederick House</i>	<i>Independence House</i>

Group Homes for Girls:

<i>Providence House</i>	<i>Summer House</i>
<i>Spring House</i>	<i>Autumn House</i>

Intercept’s Community Homes are Level-B Group homes for males and females, ages 12-19 years of age. Our homes are spacious, comfortable, community based, and provide a natural environment for treatment. Our community homes work with a variety of psychiatric diagnoses and behavioral disorders, including sexually reactive behavior. Our structured therapeutic milieu promotes pro-social behavior, self-esteem, emotional stability, personal accountability, and character building, while teaching the life skills necessary to become productive and responsible young men and women.

Comprehensive Daily Rate Breakdown:

Residential Room & Board	\$176.45
Residential Day Supervision (Therapeutic Behavioral Services) ¹	\$146.22
Total Comprehensive Daily Rate	<u>\$322.67</u>

1. For Medicaid-eligible residents, Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$146.22 per day. The Procedure Codes are H2020-HW (CSA) and H2020-HK (non-CSA).
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Optional Services not included in the Comprehensive Daily Rate:

360 – Therapeutic Mentoring & Life Skills Coaching	\$50.76/ per hour
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Intercept Youth Services, Inc.
Children’s Community Home Per Diem Rate Schedules
July 1, 2018 – June 30, 2019

Children’s Community Home: Shire House

Intercept’s Children’s Level-B Community Home is designed to treat males and females, ages 7-12 years of age. We create a comfortable and supportive environment for our young clients to receive the treatment they need to successfully transition into a family setting. Children with psychiatric disorders relating to mood instability, conduct issues or even sexual reactive behaviors will receive weekly individual and group therapy with a licensed or licensed-eligible clinician. Family engagement will be a priority so that natural supports are maintained and placement in a family setting can be achieved. In addition, they will be provided a structured, therapeutic milieu that will include age appropriate psycho-educational groups, mixed with fun recreation activities daily that will be catered to each client’s identified treatment goals.

Comprehensive Daily Rate Breakdown:

Residential Room & Board	\$198.00
Residential Day Supervision (Therapeutic Behavioral Services) ¹	\$146.22
Total Comprehensive Daily Rate	<u>\$344.22</u>

1. For Medicaid-eligible residents, Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$146.22 per day. The Procedure Codes are H2020-HW (CSA) and H2020-HK (non-CSA).
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Optional Services not included in the Comprehensive Daily Rate:

360 – Therapeutic Mentoring & Life Skills Coaching	\$50.76/ per hour
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Intercept Youth Services, Inc.
Fresh Start Assessment & Diagnostic Home for Adolescents
Per Diem Rate Schedules
July 1, 2018 – June 30, 2019

Fresh Start for Boys
Gateway House

Fresh Start for Girls
Fountain House

Comprehensive Daily Rate Breakdown:

Residential Room & Board	\$157.95
Residential Day Supervision (Therapeutic Behavioral Services) ¹	\$146.22
Additional Daily Supervision ²	\$ 71.51
Diagnostic Services (Assessment/Evaluation)	\$ 22.22

Total Programmatic Daily Rate **\$397.90**

On-Site Education (12 month school year / M-F) \$180.83

Total Education Daily Rate (M-F) **\$180.83**

Optional Services

Speech & Language per IEP (each session)	\$90.00
Occupational Therapy per IEP (each session)	\$90.00
Supervised Visitation	\$53.05/hour

- Supervised Visitation ensures the physical and emotional safety of the child/children during planned visitation with biological family members. Supervised visits may be arranged with the Clinical Manager or Program Manager of FreshSTART. Upon completion of supervised visitation, staff will document visit and provide summary to referring worker/locality.

Assessment Options

- **Psychological Testing** - Included in A&D Track; not included in 30 day Stabilization Track; Testing may include Cognitive, Personality/MSE, Educational testing based on appropriateness.
 - Cognitive assessments include administration of a valid IQ test (e. g. WISC, WAIS, WJ COG, DTLA), as well as supplemental testing as needed. For example, this might include tests of executive functioning, memory, language, fine motor skills.
 - Personality/MSE assessments include a structured clinical interview and mental status examination and other measures tailored to client needs, for example, behavioral and symptom questionnaires, projective techniques (e. g. Rorschach Inkblots, Incomplete Sentences) and personality testing (MMPI-Adolescent)
 - Educational testing includes administration of a valid, standardized achievement test battery (e.g. WIAT, WJ ACH), as well as supplemental testing as needed.
- **Sexual Offense Assessment (i.e. J-SOAP, SAI, Phase Questionnaire)** - Included as appropriate
- **Psycho Sexual Evaluation** - \$800
- **Genogram** - Included in A&D Track; not included in 30 day Stabilization Track
- **Physical Examination** \$250.00 (unless covered by insurance)
- **Dental Examination** \$200.00 (unless covered by insurance)

1. For Medicaid-eligible residents, Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$146.22 per day. The Procedure Codes are H2020-HW (CSA) and H2020- HK (non-CSA).

2. 2. Additional Daily Supervision includes increased staffing patterns to provide adequate sight and sound supervision while completing the assessment and evaluating “what is and is not working” for the youth. This fee is associated with increased clinical support, increased staffing patterns, and on-going observations in order to make adjustments to the behavior support program based on the youth’s individual strengths and needs.

Intercept Youth Services, Inc.
Fresh Start Assessment & Diagnostic Home for Children
Per Diem Rate Schedules
July 1, 2018 – June 30, 2019

Fresh Start for Children
Vision House

Comprehensive Daily Rate Breakdown:

Residential Room & Board	\$161.64
Residential Day Supervision (Therapeutic Behavioral Services) ¹	\$146.22
Additional Daily Supervision ²	\$ 71.51
Diagnostic Services (Assessment/Evaluation)	\$ 22.22

Total Programmatic Daily Rate **\$401.59**

On-Site Education (12 month school year / M-F) \$198.02

Total Education Daily Rate (M-F) **\$198.02**

Optional Services

Speech & Language per IEP (each session)	\$90.00
Occupational Therapy per IEP (each session)	\$90.00
Supervised Visitation	\$53.05/hour

- Supervised Visitation ensures the physical and emotional safety of the child/children during planned visitation with biological family members. Supervised visits may be arranged with the Clinical Manager or Program Manager of FreshSTART. Upon completion of supervised visitation, staff will document visit and provide summary to referring worker/locality.

Assessment Options

- **Psychological Testing** - Included in A&D Track; not included in 30 day Stabilization Track; Testing may include Cognitive, Personality/MSE, Educational testing based on appropriateness.
 - Cognitive assessments include administration of a valid IQ test (e. g. WISC, WAIS, WJ COG, DTLA), as well as supplemental testing as needed. For example, this might include tests of executive functioning, memory, language, fine motor skills.
 - Personality/MSE assessments include a structured clinical interview and mental status examination and other measures tailored to client needs, for example, behavioral and symptom questionnaires, projective techniques (e. g. Rorschach Inkblots, Incomplete Sentences) and personality testing (MMPI-Adolescent)
 - Educational testing includes administration of a valid, standardized achievement test battery (e.g. WIAT, WJ ACH), as well as supplemental testing as needed.
- **Sexual Offense Assessment (i.e. J-SOAP, SAI, Phase Questionnaire)** - Included as appropriate
- **Psycho Sexual Evaluation** - \$800
- **Genogram** - Included in A&D Track; not included in 30 day Stabilization Track
- **Physical Examination** \$250.00 (unless covered by insurance)
- **Dental Examination** \$200.00 (unless covered by insurance)

1. For Medicaid-eligible residents, Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$146.22 per day. The Procedure Codes are H2020-HW (CSA) and H2020- HK (non-CSA).

2. Additional Daily Supervision includes increased staffing patterns to provide adequate sight and sound supervision while completing the assessment and evaluating “what is and is not working” for the youth. This fee is associated with increased clinical support, increased staffing

patterns, and on-going observations in order to make adjustments to the behavior support program based on the youth's individual strengths and needs.

Intercept Youth Services, Inc.
 Treatment Foster Care (TFC)
 Service Rates
 July 1, 2018 – June 30, 2019

TFC Services	Rate/Unit
Maintenance Basic 2 (0-4 years)	\$471./month-state rate
Maintenance Basic 2 (5-12 yrs.)	\$552./month-state rate
Maintenance Basic 2 (13+ yrs.)	\$700./month-state rate
Maintenance Enhanced 2	Per VEMAT Score
Private Foster Care Support Supervision and Administration - Level 3 Intense	\$149.66/night
Private Foster Care Support Supervision and Administration - Level 2 Intermediate	\$139.41/night
Private Foster Care Support Supervision and Administration - Level 1 Therapeutic	\$124.33/night
Assessment Treatment Level	\$139.15/nights
Non-Therapeutic Rate	\$76.01/night
Treatment Foster Care Case Management	\$326.50/month
Additional Services	Rates
TFC-Infant Rate	\$27.91/night
Pre-Placement Visitation (Overnight)	NO CHARGE
Maintenance Transportation 2 Local Rate (less than 20 miles)	\$31.83 each way or \$63.65 per transport day
Maintenance Transportation 2 Distance Rate (20 miles & over)	\$42.44 an hour plus \$0.56 per mile
Therapeutic Mentor Service	\$50.76/hour
Family Reunification/Supervised Visitation	\$66.95/hour
Parenting Skills Training for Reunification with Bio/Adoptive Parents	\$37.90/hour within structured classes
Therapeutic Educational Support Service	\$42.44/hour
Crisis Stabilization (Urban / Rural) Medicaid Billable	See Community Based Services Rate Sheet
Supportive In-Home	\$60/hour
Short-Term Foster Care Services (Community)	Level 1: \$200.90/night Level 2: \$207.03/night
Respite Services (Internal)	\$57.82/night
Behavioral Support Specialist	\$47.74/hour

Therapeutic Aide (Community & School based) <i>(See Community-Based Sheet for description)</i>	\$45.00/hour
Behavioral Assessment and Plan (Included with all Therapeutic Aid services)	\$250 per assessment

Service Descriptions

Intercept Youth Services, Inc. Treatment Foster Care

2019-2019

Therapeutic Teaching Parent Payment: (Enhanced Maintenance Payment – Per VEMAT) ... Enhanced Maintenance Payment is the source of the payment to foster parents for the extra supervision involved in their work with special needs/emotionally disturbed youth as defined by the Virginia Enhanced Maintenance Assessment Tool (VEMAT).

Private Foster Care Support Supervision and Administration- Level 3 Intensive ... The needs of a child served at level 3 on-going treatment foster care are of such acuity or severity that they require intensive action (interventions, services, supports etc.) be taken to address, remedy or ameliorate the needs. Without such intervention(s) the child may be at risk of residential placement. Children served at level 3 will demonstrate a high level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. *Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, or intellectually disabled.* Every month respectively, IYS TFC Staff will provide at least four (4) face to face visits with the youth, two (2) of which are conducted in the treatment foster home.

Private Foster Care Support Supervision and Administration - Level 2 Intermediate.... The needs of a child served at level 2 on-going treatment foster care require that significant action (interventions, services, supports etc.) be taken to address, remedy or ameliorate the identified needs. Children served at level 2 will typically demonstrate relatively moderate level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. *Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, or intellectually disabled.* Every month respectively, IYS TFC Staff will provide at least three (3) face to face visits with the youth, one (1) of which is conducted in the treatment foster home.

Private Foster Care Support Supervision and Administration- Level 1 Therapeutic.... The needs of a child served at level 1 on-going treatment foster care require monitoring or the LCPA may need to provide services to lessen the likelihood that identified needs will become more acute or return after being “resolved”. Children served level 1 will typically demonstrate a relatively low level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. *Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, or intellectually disabled.* Every month respectively, IYS TFC Staff will provide at least two (2) face to face visits with the youth, one (1) of which is conducted in the treatment foster home.

Assessment Treatment Level ...Children served at the assessment level of treatment foster care are those who are newly placed with licensed child placing agency and for whom an assessment to determine the appropriate

level of foster care services is being conducted. The maximum stay at the Assessment Treatment Level shall not exceed sixty (60) days to complete a needs assessment and service plan, per requirements of VDSS, Division of licensing Programs. The time frame of the assessment may vary based on the accurate and thorough assessment of the child's strengths and needs.

Non Treatment Foster Care... Children served at the non-treatment level of foster care may be developmentally on target, demonstrate age appropriate behaviors, able to participate in community activities without restriction, or be the sibling of a child who meets the criteria for on-going TFC placement in the same foster home. Children shall be served at the Non-treatment Foster Care level if the assessment indicates treatment foster care services are not needed. Children/youth placed on the Non-Treatment Foster Care Level are not expected to meet DMAS criteria; this service includes a maximum of one (1) face to face visit with the youth in the treatment foster home and (1) face to face visit every 60 days conducted by IYS-TFC support staff. This contact per month includes 24/7 crisis intervention.

*All TFC-Support & Supervision Levels may have additional support services that assist in the implementation of the child/youth's treatment goals/objectives and/or permanency goal/discharge plan.

TFC-Case Management ... Defined by DMAS in 2007, this service assists clients in gaining access to needed medical, social, educational and other services. It covers assessment, planning, referral and monitoring of services. It does not cover direct delivery of services, recruitment and approval of foster parents, their training, staff training, client placement, foster parent support, supervision and other service components of TFC. This service is combined with the appropriate level of TFC-Supervision & Support described above. This service may or may not be covered by Medicaid depending upon the eligibility of the child. It is billed at a day rate when paid through CSA.

TFC-Infant Rate/Support Service ... This rate covers coordination of and services for infants who remain in the custody of a Treatment Foster Care client. This is an additional service that can be contracted on a case by case basis. Services for the infant will be monitored through the relationship with the client when placed together. The Infant Rate/Supportive Service and the Basic Maintenance for the infant is added to the client's charges. For infants who are in the custody of social services and placed in an Intercept TFC home, all individual TFC rates apply for infant.

Family Reunification/Supervised Visitation ... Family Visitation fees are intended to help cover our extra costs incurred in coordinating and supervising visitation between the child and his/her family members. While we expect to cover the cost of some visitations under TFC-Supervision & Support, costs of logistically extensive and often expensive visits mandated to occur many times per month must be covered through extra service fees. Family Reunification/Visitation is set at a per hour charge based on the amount of staff time involved.

TFC Overnight Pre-Placement Visits... There is no charge for daytime or overnight pre-placement visits. The visits are intended to ensure proper placement and adjustment of child and family prior to formal placement. Mileage and travel expense reimbursement can be agreed upon for unique situations in advance of pre-placement visits on a case by case basis.

Supportive In-Home ... This is an add on service, that can be utilized in conjunction with the TFC-Support & Supervision and TFC Case Management services to offer individual and/or family counseling services to assist in the transition of children/youth from higher levels of care before s/he is placed in the treatment foster care home or to provide extra therapeutic support to a child/youth who may be at risk of placement disruption.

Short-term Foster Care Services (Community) ... This is designed to provide crisis or alternate planned-support relief for up to 29 consecutive calendar days to families in need of substitute care placement arrangements for children/youth. The substitute care placement environments used are approved IYS TFC foster homes. Short-term overnight care:

Level 1: Overnight respite care for children with behavioral issues requiring minimal to no intervention

Level 2: Overnight respite care for children with behavioral issues requiring major interventions

Respite Services ... This is a temporary, internal support service provided to approved IYS TFC foster families, for which IYS TFC Staff arrange on their behalf with other internal IYS TFC foster homes. Respite Services provide valuable support and relief to the primary treatment foster families. Use of respite is also a healthy mechanism to enhance attachments for children/youth with their caregivers. This service can also provide emergency relief to internal IYS TFC families in crisis situations. An accrual system is utilized with TFC foster families. This service can be contracted to allow for additional respite services for children/youth on a case by case basis when the child/youth has exceptional needs.

Therapeutic Educational Support Services... This is an additional service that can be contracted for to provide specialized assistance or support to a child/youth who is having academic difficulties.

Therapeutic Mentoring... Can be provided by Intercept's 360 Transitional Solutions division, or contracted with another provider. See Intercept's Community Based Services rate sheet for this and other add on services.

Parenting Skills Training for Reunification with Bio/Adoptive Parents ... Where reunification is the goal and proximity allows (approximately within 45 miles of an Intercept office), and with the agreement of the child's custodial agency, Family Consultants may provide individualized training and consultation directly to the parents regarding strategies that have proven successful with the child in the Teaching Parent home. Parents are encouraged to attend the agency's Parenting Skills Training program in preparation for the child's return. Consultation and training may be conducted either in the parent(s)' home or at Intercept' offices if travel distances allow. Other support services may be contracted for

Crisis Stabilization (Urban / Rural)... this is a Medicaid eligible program for children, adolescents & adults at-risk of psychiatric hospitalization and/or incarceration due to mental health issues. Crisis One provides clinical crisis services in the homes and communities of individuals experiencing suicidal ideations, severe depression, aggressive or self-harming behaviors, extreme social isolation, threatening behaviors, dangerous decision making, property destruction, hallucinations/delusional thinking, and other decompensating changes in behavior that prompt concern.

Behavioral Support Specialist ... This is an additional service that can be contracted on a case by case basis to provide specialized assistance/support to a child/youth who has exceptional behavioral/emotional/other needs. Intercept TFC BSS is responsible for providing individualized support to client/youth for 5 hours per week or more as needed to address child/youth's individualized needs.

Service descriptions last revised 10/18/18

“There is no charge for non-treatment level case management. In addition, if Medicaid determines the child does not meet medical necessity criteria and denies Treatment Foster Care Case Management, CSA may pay for case management based on justification of need. In all cases, Provider must obtain FAPT/CPMT prior approval.”

Intercept Youth Services, Inc.
YouthQuest Anywhere Per Diem Rate Schedule
Community based Independent Living Services
July 1, 2018 – June 30, 2019

Comprehensive Rate and Services:

YouthQuest is excited to offer a community based independent living services providing intensive 1:1 case management and independent living training for youth in their own apartment. The service is set up in 3 month tiers, and is designed to be completed in a year or as the youth achieves proficiency. During this service youth will be able to build their rental histories, manage their money, attend an educational program and establish employment stability. Program Staff will use the Casey Life Skills Assessments, provide support 24 hours a day, provide 1:1 training, and case management services to the youth as they continue to live independently.

Room and Board: Responsibility of the youth

Independent Living Services:

\$50.00/per hour

The following services are included in the Independent Living Service:

- Identify and secure housing
- Maintain housing
- Create a transitional living plan, and work on goals
- Identify and utilize community and family resources and supports
- Obtaining and maintaining employment
- Explore and enroll in educational programming
- Make progress toward educational programming goals
- Identify and use public transportation
- Develop and follow a budget/spending plan

Intercept Youth Services, Inc.
YouthQuest – Independent Living Per Diem Rate Schedule
17 years and younger
July 1, 2018 – June 30, 2019

Comprehensive Daily Rate and Services:

Independent Living Arrangement - <i>Room & Board</i>	\$ 37.13
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Independent Living Services - <i>Life and Social Skill Training</i>	 \$ 172.26
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Total Comprehensive Daily Rate:	\$ 209.39
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YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc.

The following services are included in the comprehensive daily rate:

- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs, and family visitation

Intercept Youth Services, Inc.
YouthQuest for Moms and Dads – Independent Living (17 years old and younger)
Per Diem Rate Schedule
July 1, 2018 – June 30, 2019

Comprehensive Daily Rate and Services:

Independent Living Arrangement <i>-Room & Board</i>	\$ 37.13
Independent Living Services <i>-Life and Social Skill Training</i>	\$ 172.26
Pregnant and/or parenting 1 child <i>-Additional Parenting Support</i>	\$ 92.97
Total Comprehensive Daily Rate	\$302.26

Please note: Pregnant and/or parenting 2 children is an additional \$50.00 per day, in order to cover the additional room and board costs, additional transportation services, and additional support

YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc. For the youth in YouthQuest for Moms and Dads, there are additional parenting education and support services included.

The following services are included in the comprehensive daily rate:

- Use of the Nurturing Parenting Curriculum
- Assistance with building and enhancing parenting skills
- Ongoing parenting education and behavior modification techniques
- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth’s case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs, and family visitation

Intercept Youth Services, Inc.
YouthQuest for Moms and Dads – Independent Living (18 years old +)
Per Diem Rate Schedule
July 1, 2018 – June 30, 2019

Comprehensive Daily Rate and Services:

Independent Living Services	\$280.24/day
YouthQuest Room and Board	\$ 644.00/month

Note: The Independent Living Stipend and/or Fostering Futures Maintenance Payment that YouthQuest will be receiving on behalf of the youth will be used to cover the YouthQuest Room and Board rate. With the youth who are receiving the Fostering Futures Maintenance Payment, the additional \$56 from the \$700 maintenance payment will be placed in the youth's YouthQuest savings account. The youth will be allowed to use the \$56 that is placed into their savings account for their personal monthly expenses as well as to work on their money management skills.

Please note: Pregnant and/or parenting 2 children is an additional \$50.00 per day, in order to cover the additional room and board costs, additional transportation services, and additional support

YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc. For the youth in YouthQuest for Moms and Dads, there are additional parenting education and support services included.

The following services are included in the comprehensive daily rate:

- Use of the Nurturing Parenting Curriculum
- Assistance with building and enhancing parenting skills
- Ongoing parenting education and behavior modification techniques
- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs, and family visitation

Intercept Youth Services, Inc.
YouthQuest Independent Living (18 years old +)
Independent Living Per Diem Rate Schedule
July 1, 2018 – June 30, 2019

Comprehensive Daily Rate and Services:

Independent Living Services	\$187.27/day
YouthQuest Room and Board	\$ 644.00/month

Note: The Independent Living Stipend and/or Fostering Futures Maintenance Payment that YouthQuest will be receiving on behalf of the youth will be used to cover the YouthQuest Room and Board rate. With the youth who are receiving the Fostering Futures Maintenance Payment, the additional \$56 from the \$700 maintenance payment will be placed in the youth's YouthQuest savings account. The youth will be allowed to use the \$56 that is placed into their savings account for their personal monthly expenses as well as to work on their money management skills.

YouthQuest is a licensed independent living arrangement that serves youth, aged 17-21, from a variety of previous placements with varied psychiatric diagnoses and behavioral disorders. YouthQuest provides 1:1 case management in a structured, supervised apartment setting where youth work on goals, specific to them, in areas such as: menu and meal planning, food preparation, cleaning and other household maintenance, identifying and securing housing, identifying and utilizing community and family supports, obtaining and maintaining employment, exploring then enrolling and succeeding in educational programs, scheduling college and/or vocational tours, identifying and using public transportation, developing and following a budget, practicing daily hygiene, refraining from substance use, learning social skills, etc. For the youth in YouthQuest for Moms and Dads, there are additional parenting education and support services included.

The following services are included in the comprehensive daily rate:

- Life Skills Training and Coaching for 5-10 hours per week
- Completion of Casey Life Skills Assessment (annually)
- Formulation of Transitional Living Service Plan
- Formulation of Monthly Reports and Quarterly Service Plan Updates
- Weekly Case Coordination with Referring Agency and other community partners involved in youth's case
- Coordination of Medical Services, including supervision of prescribed medications
- Coordination of Therapeutic Services
- Assistance with educational services, employment, and daily living
- Weekly Life Skills Group
- Staff on call 24 hours per day
- Weekly Grocery Allowance, including weekly menu planning
- Transportation for school, work, religious activities, medical needs, and family Visitation

Intercept Youth Services, Inc.
Community Based Services Descriptions
July 1, 2018 – June 30, 2019

Intensive In-Home Services - Services for children/adolescents under the age of 21. Services are intensive, time-limited interventions provided typically but not solely in the residence of a child who is at-risk of being moved into an out of home placement or who is being transitioned to the home from an out of home placement due to documented clinical needs of the child. These services provide crisis treatment, individual and family counseling and communication skills (e.g. counseling to assist the child and his parent to understand and practice appropriate problem-solving, anger management, and interpersonal interactions, etc.) and coordination with other required services. Services also included 24 hour emergency response.

Individualized Support Services - Support and other structured services provided to strengthen individual skills and or provide environmental supports for individuals with behavioral/mental health problems. Services are based on the needs of the individual and include training and assistance. These services normally do not involve overnight care by the provider, however due to the flexible nature of these services, overnight care may be provided on an occasional basis. Services include Supportive In-home non- licensed service.

Crisis Intervention and Crisis Stabilization (Crisis One- Mobile Crisis Services) - Crisis One is a mobile crisis service for children, adolescents & adults who are experiencing an acute crisis of a psychiatric nature that may jeopardize their current community living situation. Crisis One provides clinical crisis services in the homes and communities of individuals experiencing suicidal ideations, severe depression, aggressive or self-harming behaviors, extreme social isolation, threatening behaviors, dangerous decision making, property destruction, hallucinations/delusional thinking, and other changes in behavior that prompt concern of decompensation.

Mental Health Skill-Building Service - A training service for individuals with significant psychiatric functional limitations. Services are designed to train individuals in functions skills and appropriate behavior related to the individual's health and safety, activities of daily living and use of community resources, assistance with medication management and monitoring health, nutrition and physical condition. These services are intended to enable individual with significant mental illness to achieve and maintain community stability and independence in the most appropriate, least restrictive environment.

360° Transitional Solutions- Community based programming providing a variety of strength-based services to youth in the community address daily living skills, social, emotional and communication. ***Service include:***

- ***Therapeutic Mentoring, Life Skill Coaching:*** -- is available to all school aged children under the age of 21. Transitional Specialists focus on life skills proficiency, anger management, social skills training, leadership and academic support. 360 is equipped to work with the special needs population, including autism, Life Skill Coaches also focus on criminogenic risk factors for the DJJ population. This is a one to one service
- ***Surveillance,***
- ***GPS Monitoring***
- ***Transportation***
- ***Therapeutic Aide*** - One on one support for clients in the community and school setting. A Behavioral Assessment will be completed upon initiation to include: observation, documentation review and interviews with members of the treatment team to help identify goals for the Behavioral Plan. A Behavioral Plan will detail the Goals, Objectives and Interventions to be implemented to address the

identified problems areas inhibiting the client's stability and success. Staff are trained in trauma-informed care, PBIS and resiliency theory.

- **Behavioral Assessment** – (Included with all Therapeutic Aide Services)
Includes observation, documentation review and interviews with connected individuals (guardian, social worker, school personnel, etc.) to formulate the Behavioral Plan. The Behavioral Plan will detail the Goals, Objectives and Interventions to be implemented to address the identified problems areas inhibiting the client's stability and success.

Raising Our Children (ROC) – Home Based Parent Counseling focused on six core areas including nurturing and attachment; child care and safety; health and nutrition; child growth and development; positive discipline; and parental and family resilience. ROC promotes a healthy parent-child relationship and utilizes the Nurturing Parenting Curriculum, an evidence based program.

Supervised Visitation: Staff ensures the physical and emotional safety of the child/children during planned visitation with biological family members. Supervised visits may be arranged at the Intercept office or other designated location. Upon completion of supervised visitation, staff will document visit and provide summary to referring worker/locality.

Supervised Clinical Observation: Counselors serve in the following two capacities (1) To ensure the physical and emotional safety of the child/children participating in planned visitation with biological family. (2) To make clinical observations of the Parent-Child interactions related to the parent's responsiveness to the child's cues; the parent's understanding of the child's developmental and/or behavioral capacity; parenting style; and bonding and attachment. Upon completion of supervised clinical observation, the Counselor will develop a Clinical Observation Report with recommendations for continued care.

Therapeutic Day Treatment: Therapeutic Day Treatment (TDT) is school based counseling for at risk students exhibiting behavioral, emotional, or mental illness characteristics. TDT utilizes a Positive Behavioral Support model to identify, address and decrease problem behaviors and assist the student with optimal classroom behavior.

Parent Coaching: a prevention service that empowers caretakers with the knowledge and tools necessary to parent effectively and with confidence while maintaining a healthy, nurturing relationship with their child. Parent Coaching offers individualized approaches to teach caretakers parenting skills through an evidenced-based parenting curriculum. During home based sessions, parenting specialists provide remedial review of curriculum information, model parenting skills, role-play parenting techniques with the caretaker, facilitate opportunities for caretakers to begin practicing healthy parenting strategies within their parent-child relationship, and tailor their intervention to meet the unique needs of each caretaker.

WRAP Case Consultation: An assessment and planning service that develops a holistic plan for supporting youth with complex emotional and behavioral disorders in the community. The consultant examines the youth's placement and psychiatric history, explores community resources, and partners with other providers and the youths' caretakers to develop a service plan that fosters the youth's success in the home, school, and community.

FA/NB Functional Neurobehavioral Assessments –Greater Roanoke Area Only: Fetal Alcohol Spectrum Disorder and other neurobehavioral conditions (FA/NB) are brain-based physical disabilities with behavioral symptoms. Diagnoses include FASDs, PTSD, Autism, TBI, ADHD and others. The brain-based approach to living with, caring for, and teaching individuals impacted by FA/NB and their families acknowledges the source of behaviors- the brain. This assessment allows a family to identify primary characteristics and develop their

own specific accommodations to reduce difficult behaviors using the FASCETS FA/NB Model. A screening tool is utilized by the family and across providers to generate a report of accommodations that can then be applied across settings.

FASCETS FA/NB Parenting: Into Action –Greater Roanoke Area Only - Fetal Alcohol Spectrum Disorder and other neurobehavioral conditions (FA/NB) are brain-based physical disabilities with behavioral symptoms. Diagnoses include FASDs, PTSD, Autism, TBI, ADHD and others. The FASCETS FA/NB Parenting into Action provides an 8-week course to teach parents how to identify primary characteristics that are leading to acting out and how to develop their own child specific accommodations to reduce behaviors and allow the family to settle. This course is a one hour per week meeting for 8 weeks that can be modified to a two-hour meeting for 4 weeks as needed.

ABA Services:

- **Initial Assessment and Behavioral Therapy** – In home behavioral therapy (Medicaid service) – services for children/adolescents under the age of 21 with intellectual and developmental disabilities. Services are provided to individuals identified as having behavioral and/or social-communication deficits within the home or community. The service is individualized for the client’s needs and designed to provide evidence-based interventions to meet the objectives in the client’s individual service plan (ISP), inclusive of 1:1 behavioral therapy, family/caregiver training and care coordination. ABA services are supervised by a Licensed Behavior Analyst (LBA) or Licensed Assistant Behavior Analyst (LABA). 1:1 behavioral therapy is provided by a Behavior Technician and closely supervised by the LBA/LABA.
- **Therapeutic Behavioral Consultation (ID/DD waiver service)** – Services for children, adolescents and adults with intellectual and developmental disabilities. The service is intensive and time limited. It includes providing expertise, training and technical assistance in clients’ homes or communities to assist family members, caregivers, and other service providers in supporting the individual to facilitate implementation of the client’s desired outcomes as identified in the ISP or Plan of Care (POC). The service aims to address increasing socially acceptable appropriate behaviors and community integration while decreasing challenging behaviors and preventing additional challenging behaviors.
- **FBA Independent Education Evaluation** – service provided to public schools. The service consists of a functional behavior assessment to include, observations, interviews, data collection and analyze, formal written report with recommendations and meeting to review formal report with educational team.

Intercept Youth Services, Inc.
Community Based Services Rate Schedules
July 1, 2018 – June 30, 2019

Service Rates:

Intensive In-Home Services ¹	\$60.00 / Hour
Individualized Support Services <i>Formally Supportive In home</i>	\$60.00 / Hour
Crisis One- Crisis Stabilization ^{1,4}	\$89/Hour Urban \$81/Hour Rural
Crisis One – Crisis Intervention ^{1,4}	\$30.79/unit Urban \$18.61/unit Rural
Mental Health Skill-Building ^{1,2,4}	\$83.00 / Unit Rural \$91.00 / Unit Urban
Parent Coaching	\$53.05/per hour
Therapeutic Day Treatment ^{1,3}	\$36.91 / Unit
Raising Our Children: Home Based Parent Counseling	\$74.26/per hour
Supervised Visitation	\$42.44/per hour
Supervised Clinical Observation	\$63.65/per hour
WRAP Case Consultation	\$63.65 per hour
Lead Therapeutic Support	\$47.74 per hour
Therapeutic Support	\$47.74 per hour
Overnight Support	\$42.44 per hour
Mileage Reimbursement	\$0.56 per mile
FA/NB Functional Neurobehavioral Assessments	\$500
FASCETS FA/NB Parenting: Into Action	\$60/hour

360° Transitional Solutions

360° Therapeutic Mentoring	\$50.76/ per hour
360° GPS Monitoring	\$12.46/daily \$64.89/setup
360° Surveillance	\$24.41 per hour
360° Transportation – Local Rate (less than 20 miles)	\$31.93 each way or \$63.65 per transport day
360° Transportation – Distance Rate (20 miles & over)	Hourly rate \$42.44 Plus Mileage \$0.56/ mile
360° Therapeutic Aide	\$45.00/ per hour
360° Behavioral Assessment and Plan <i>(Included with all Therapeutic Services)</i>	\$250/ per unit

ABA Services:

Initial Assessment	\$60.00/ hour <i>(limit of 5 units per assessment)</i>
Behavioral Therapy	\$15/ Unit <i>(15 minutes = 1 unit)</i>
Therapeutic Behavioral Consultation <i>(ID/DD waiver service)</i>	\$87.75 / hour
FBA Independent Education Evaluation	\$125 / hour

Note: Medicaid Reimbursable Service

Unit is defined as 1-2.99 Hrs Daily (1Unit), 3-4.99 hrs (2 Units), 5-6.99 hrs (3 Units), 7+ (4 Units)

Unit is defined as 2-2.99 Hrs Daily (1Unit), 3-4.99 hrs (2 Units), 5+ (3 Units)

Reimbursement rate is county specific (Rural vs. Urban)

Intercept Youth Services, Inc.
Psychosexual Assessments and Treatment Services
July 1, 2018 – June 30, 2019

*Psychosexual services are designed to help individuals with difficulties that are of psychological sexual nature and that are too complex or difficult to be resolved on their own. **Services are available in the greater Roanoke Valley and surround areas. Psychosexual Assessments can be provided in all of southwest Virginia, and the Shenandoah Valley.** Call for more details 540.523.8080 Option 2*

Rates:

Psychosexual Assessment	\$795.68
Individual SO Counseling	\$95.48/hour
Individual Relapse Prevention	\$95.48/hour
Family SO Counseling	\$95.48/hour
Group SO Counseling	\$53.05/hour
Multi-family Group SO Counseling	\$53.05/hour
Sexual History/Full Disclosure Polygraph	\$375.00
Instant Offense/ Issue Specific Polygraph	\$300.00
Maintenance/Monitoring Polygraph	\$300.00



OUTPATIENT RATES OF SERVICE

Effective July 1, 2018

	<u>Service Description</u>	
Billable CPT Code (if billed to insurance)	<p>Outpatient Counseling Outpatient therapy and counseling services for adults, adolescents, children, couples and families and groups. Services are available for anyone in the community, and we accept Medicaid and most private insurance as well as other contractual funding sources. We can provide clinical assessments specifically for substance abuse and court ordered assessments for treatment recommendations as well as counseling for mental health, substance abuse issues, behavioral problems and trauma/abuse victims.</p>	Current Rate
90791	Initial Diagnostic Assessment/Intake (w/ no medical services)	\$125.00
90832	Individual Psychotherapy (30 min) <i>Insight oriented, behavior modification, supportive processing</i>	\$60.00
90834	Individual Psychotherapy (45 min) <i>Insight oriented, behavior modification, supportive processing</i>	\$75.00
90837	Individual Psychotherapy (60 min) <i>Insight oriented, behavior modification, supportive processing</i>	\$90.00
90846	Family Therapy (without client present)	\$90.00/hour
90847	Family Therapy - Couples / Marital Therapy	\$90.00/hour
90853	Group Psychotherapy – Psychoeducation, Skills Building, Training	\$30/hour
90849	Multi-Family Group Therapy	\$50/hour
Not covered by ins	SA/MH Assessment/Evaluation/Treatment Recommendations	\$250
Not covered by ins	Court Appearances	\$100/hour (door to door)
Not covered by ins	Adjunctive Services (case management, letters, assessments, etc.)	\$50/hour

LifeBridge Counseling ~ 540. 523.8080 ~ 5427 Peters Creek Road - Roanoke 24019



Intercept

TRUE NORTH HEALTH CLINIC

5673 Airport Road

Roanoke, VA 24012

Phone: 540-523-8080 opt 1

Fax: 540-512-9775

TRUENORTH HEALTH CLINIC FY 2018-2019 RATE SHEET

Service	Code	Rate
Initial Psychiatric Medication Appointment (60 min)	90792	\$200.00
Follow up Psychiatric Medication Appointment (20 min)	99214	\$85.00
Follow up Psychiatric Medication Appointment with Brief Psychotherapy (30-45 min)	99214 + 90833	\$145.00
Initial Suboxone Medication Appointment without Induction (60 min)	90792	\$200.00
Initial Suboxone Medication Appointment with Induction (80 min)	H0014	\$300.00
Follow up Suboxone Medication Appointment (20 min)	99214	\$85.00
Follow up Suboxone Medication Appointment with Brief Psychotherapy (30-45 min)	99214 + 90833	\$145.00
Initial Counseling Substance Abuse Assessment (60 min)	90791	\$125.00
Follow up Substance Abuse Counseling Session (60 min)	90837	\$90.00
Intensive Outpatient Program Counseling (3-hour block) x 3 times per week x 12 weeks \$250.00 per 3-hour block x 3 times per week = \$750.00 per week \$750.00 per week x 12 weeks = \$9,000.00	H0015	\$9,000.00
Substance Abuse Group (60 min)	90853	\$50.00
After Care Group (60 min) \$50.00 x 8 weeks = \$400.00	90853	\$400.00
SASSI	99408, G0396, H0049	\$35.00
Urine Drug Screen Cup (price per cup used)	80305	\$20.00
Urine Drug Screen Confirmation or Oral Swab (Send out to the Solstas Lab) Patient can call 800-653-2205	Varies	Varies-Lab will bill patient
Alcohol (Ethanol) Breath test	82075	\$10.00
Urine Pregnancy Test (price per test used)	81025	\$10.00
Injection of Psychotropic medication	J code Varies for type of drug	\$25.00